

EPISODE NO. 339

Philp. 4:4-14

Be Happy

Paul wrote these words: 4 Always be happy in the Lord. Again I say, be happy!

5 Show a gentle spirit to everyone. The Lord is near. 6 Don't worry about anything. Instead, let God know what you are asking for in prayer. Tell Him all about what you want. And, be thankful. 7 God's peace, which goes far beyond all human understanding, will guard your hearts and your minds in Christ Jesus.

8 Finally, brothers, think about good things and things that will bring praise — whatever is true, noble, right, pure, lovely, and honorable. 9 Practice the things you learned from me, received from me, heard from me, or saw in me. The God of peace will be with you.

They Helped Paul

10 I am very happy in the Lord that, after all this time, you are still concerned for me. You were always concerned, but you didn't have the chance to give. 11 I am not saying this because I need something now. I have learned to be satisfied in any situation. 12 I know what it is to go without, and I know what it is to have plenty. At all times, I have learned the secret of being full or going hungry, of having plenty or very little. 13 I can do anything — by the one who gives me the power. 14 But it was good of you to contribute to me in my troubles.