

EPISODE NO. 74

Exo. 31:12-18

Resting on the Seventh Day

12 Then Yahweh said to Moses, 13 “Also, say this to the sons of Israel: ‘You people must truly keep My sabbaths, because this is a sign between Me and you throughout your generations. This is how you will know that I am Yahweh who makes you holy. 14 Therefore, your people must keep the sabbath, because it is holy for you. Everyone who profanes it will certainly be put to death! If anyone does any type of work on the sabbath, then that person will be cut off from among his people! 15 Work will be done during six days of the week, but the seventh day is a sabbath of serious rest. It is holy to the Always-Present One. Whoever does any kind of work on the sabbath day will certainly be put to death! 16 Therefore, the sons of Israel must keep the sabbath day, observing the sabbath throughout their generations as a permanent covenant. 17 The sabbath day is a permanent sign between Me and the sons of Israel. The Always-Present One made the universe in six days, but He ceased working on the seventh day. And, He was refreshed.’ ”

18 After God finished talking with Moses upon Mount Sinai, He gave Moses two plaques of the Covenant — plaques of stone which were written by the finger of God!